**PROFILE OF DR JUSTINA OKOLI (FAIPH)**

**HEAD OF DEPARTMENT**

**DEPARTMENT OF HUMAN NUTRITITION AND DIETETICS**

**FACULTY OF HEALTH SCIENCE AND TECHNOLOGY**

**COLLEGE OF HEALTH SCIENCES**

**NNAMDI AZIKIWE UNIVERSITY**

**NNEWI CAMPUS**

**ANAMBRA STATE, NIGERIA.**

[**Hndsfst\_1@unizik.edu.ng**](mailto:Hndsfst_1@unizik.edu.ng)**,** [**jn.okoli\_1@unizik.edu.mg**](mailto:jn.okoli_1@unizik.edu.mg)**,** [**ustina18@yahoo.com**](mailto:ustina18@yahoo.com)

**+2347060914880**

Dr Justina Nkechi Okoli obtained her B.Sc. degree in Nutrition and Dietetics, M.Sc in Public Health Nutrition and Ph.D in Public Health Nutrition all from University of Nigeria, Nsukka. Justina is also a Registered Dietitian with Nigeria Dietetic Association, Dietitians Association of Nigeria and Registered Nutritionist with Nutrition Society of Nigeria. She is the current Chairman, Nutrition Society of Nigeria, Anambra chapter and Chairman Catholic Nurses Guild of Nigeria, Nnewi Diocese and former Editor in Chief of the Voice of the Catholic Nurses Guild of Nigeria for eight years.

Justina Okoli is a lecturer and current Head of Department of Human Nutrition and Dietetics, Faculty of Health Sciences and Technology, College of Health Sciences, Nnamdi Azikiwe University, Nnewi Campus, Anambra State, Nigeria. She is the Pioneer Registered Dietitian/Nutritionist of the department.

Her deep passion for good health through adequate nutrition and nutrition education, stimulated her interest to single handedly written the current approved Programme for Human Nutrition and Dietetics for Nnamdi Azikiwe University,Awka. As a Public health Nutritionist and Nurse, She serves in many community projects, NGOs and Faith Based Organizations at different settings to prevent malnutrition among folks in primary health care and community settings. Justina is very innovative and a calculative individual that is always ready and assist in Nutrition Information, assessment and Surveillance System. She has excellent experience in conducting situation analysis for programme sector activities. As a consolidated author and editor, She has the ability to prepare regular reports as at when due. Her wealth of experience in team work enables her create a very conducive environment necessary for high output needed in promoting interdisciplinary technical and operational support that is essential in multidisciplinary environment.

Dr. Justina Okoli was a lecturer at the Department of Human Nutrition and Dietetics, College of Applied Food Sciences and Tourism (CAFST), Michael Okpara University of Agriculture, Umudike, Umuahia (MOUAU), Nigeria. Her area of specialty is Clinical, Dietetics and Public Health Nutrition. While at MOUAU, She was the College Representative to College of Management Sciences and also the Departmental Coordinator of both Undergraduate Project and Seminar. She was the departmental Associate Coordinator of students’ clinical/hospital practice external posting at the Human Nutrition and Dietetics department, Federal Medical Centre, (FMC), Umuahia. She is an author of two best selling textbooks in Nutrition/Dietetics and Research Methodology. Justina has also briefly lectured at the Department of Home Science, Nutrition and Management in Nasarawa State University, Lafia Campus.

In addition to her educational background, She has postgraduate registeration as a Nurse Educator, Public health Nurse and Midwife with Nursing and Midwifery Council of Nigeria. She started her nursing work experience as a clinical Nurse and her teaching experience as Clinical Instructor at School of Nursing and Midwifery, Bishop Shanahan Hospital Nsukka before furthering her studies to be a Nurse Educator. Justina lectured at School of Public Health Nursing, Nsukka. In 2012, She relocated to Anambra state when Nutrition, Dietetics and nursing courses at the School of Nursing. While at the school, She organized the Maiden Convocation Ceremony of the institution as the Chairman, Planning committee with a huge success. Justina also served at one time as Ag. HOD/Vice Principal of School of Nursing, Our Lady of Lourdes Hospital, Ihiala, VP at SON/SOM, BSH, Nsukka. Dr. Okoli has also assisted in many Nursing programmes at Iyienu, Amichi and still at Millenium College of Nursing Sciences, Awka on Part time bases to the glory of God. She has a wide range of knowledge and experience in Nursing care, Nursing education, nursing management, planning, implementation, monitoring and evaluation of programme activities. Justina is skilled in scientific investigation of nursing and health issues of development.

Dr. Okoli is a member of various professional associations namely; Nutrition Society of Nigeria, Dietitians Association of Nigeria, SHEN, National Association of Nigeria Nurses & Midwives and Public Health Nurses Association of Nigeria.  Justina is a member and Fellow of African Institute of Public Health Professionals and Professional Association of Public Health Nurses of Nigeria. She has presented papers at many conferences and workshops and has earned various awards to her credit from reputable organizations, Churches and communities. Justina has and is still serving as a member of Editorial Boards of Journal of Dietitians Association of Nigeria and Journal of Nursing respectively. Dr. Okoli Justina is happily married to Chief Sonni Okoli of Ufuma in Anambra state and the marriage is blessed with five lovely children and grand children. She is also a title holder in her community as **Chief Dr Justina Okoli also known as Mmutabugwu 1 of Ufuma.** Other titles include **Ugosimba 1 and Nneoma di Ugwu 1.**

**CREATIVE OUTPUT**

1. Chidum E. Ezenwaka, Clementina.U. Nwankwo, Rosemary A. Analike, Anulika J.Afonne, Blessing T.Onyeje, Justina N. Okoli, Ifeoma A Amaechi (2024).The baseline Self-Efficacy Scores to manage chronic diseases amongst Nigerian patients with non-communicable diseases.Inprint.

2. Arukwe,, D. C., Okoli, J.N. and Adindu- Lnus, C.O.(2023). ). Chemical composition and sensory characteristics of fermented condiments produced from seed blends. Journal of Agriculture and Food Sciences Vol 21, No 2, October 2023,pp107-120.

3. Arukwe,, D. C., Okoli, J.N. and Chimezie, U.C. (2023).Functional, chemical and Organoleptic properties of moi- moi prepared from blends of cowpea and sprouted pigeon pea flours. Science World Journal, Kaduna State University. (under review).

4. Arukwe, D. C., Okoli, J.N. and Chimezie, U.C. (2023). Chemical composition and sensory properties of fermented condiments produced from blends of soyabean, Walnut and pigeon pea. Science. World Journal, Kaduna State University. (under review).

5. Ubbor, S. C., Ezeocha, V. C., Okoli, J. N., Agwo, O. E., Olaoye, O. A., Agbai, I. E. (*2022)*

Evaluation of biscuits produced from wheat (*Triticum aestivum*), tiger nut (*Cyperus esculentus*) and orange fleshed sweet potato (*Ipomea batatas*) flours *FUDMA Journal of Sciences (FJS) Vol. 6 No. 4, August, 2022, pp 254 - 261*

*6.* Nwanagba, N. L., Ukom, A.N., Ifokwe, G., Okudu, H, Okoli, J.N. and Oparauka, I.I (2022).Evaluation of functional, physical properties, proximate and sensory characteristics of cookies produced from wheat and oat composite flour sweetened with Date syrup

7. Oguizu, A. D. and Okoli, J.N. (2022). Chemical composition and sensory evaluation of complementary foods produced from Guinea corn (Sorghum biclor), SOYBEANS (Glycein max)) and Banana (Musa spp.)

8. Nwanagba, N. L., Ukom, A.N., Okoli, J.N. Abonyi , C.O, and Oparauka, I.I & Ubadire-Agua, C. (2022).Evaluation of functional, physical and chemical properties of of composite flour made from unripe plantain Musa Paradisca andcocoayam Colocasia esculenta and Assessment of consumers acceptability of amala. International Journal of Home Economics, Hospitality and allied research, 1(2), 246 – 256. <https://doi.org/10.57012/ijhhr.v1n2.008>.

9. Okoli, J. N. & Iheme, G.O. (2021). Sufficient Sustained Investment in Adequate Nutrition: A Panacea for Realizing Sustainable Development Goals: Centre for Sustainable

Development. University Led Knowledge and Innovation for Sustainable

Development edited by Azuoma etc Nnamdi Azikiwe University Book series First Edition, Nnamdi

Azikiwe University, Awka, Anambra State.

10 Okoli J.N and Ngwu, E.K (2018). Effects of high protein energy supplement on the

biochemical and anthropometric indices of PLHIV attending NAUTH, Nnewi J. of Dietitians

Association of Nigeria 10(45-48).

11. Okoli, J. N and Ngwu, E.K. (2018). Nutrient composition of ready –to- eat flour made from

African walnut,African yam bean and Maize J. of Dietitians Association of Nigeria, Accepted

for publication.

12. Nweneka, Chidi, Nzeribe, S. O.and Okoli, J. N. (2021). Data Science for Decision Making in

Healthcare Service Delivery. A book chapter contribution in Leadership and Management for

Health Workers Concept. Theories. Practices edited by Obinna O. Oleribe, Fredrick Nwosu and

Simon D. Taylor – Robinson.

13. Okoli, J. N., Nwaneka Chidi, Ilo, C.I. (2021).Group Dynamics. A book chapter contribution

in Leadership and Management for Health Workers Concepts.

Theories. Practices edited by Obinna O. Oleribe, Fredrick Nwosu and Simon

D. Taylor – Robinson.

14. Okoli, J. N. and Makata N. (2021). Training and development of leaders in Africa. A book

chapter contribution in Leadership and Management for Health Workers

Concept. Theories. Practices edited by Obinna O. Oleribe, Fredrick Nwosu

and Simon D. Taylor – Robinson.

15. Okoli, J.N. (2009). Basic Nutrition and Diet Therapy. Nsukka: Moredays

University of Nigeria Press.

16. Okoli, J.N. (2020). Basic Research Methods for Nurses and other Health Professionals.Nsukka:

Moredays

17. Okoli, J.N. (1998). Effects of Varying Fermentation periods on the nutrient composition of 5 varieties of castor oil seeds Ricinus communis (Ogiri Igbo) used as food condiment in Nigerian Ecosystem. A UNN.B.Sc. project.

18. Okoli J.N and Okeke, E.C (2008). Nutrition and care support for people living with HIV/AIDS in Nsukka L.G.A. J. of Dietitians Association of Nigeria 4(57-63).

19. Okoli, J.N. and Ngwu, E.K (2017) Effects of high protein energy supplement on the

biochemical and anthropometric indices of PLHIV. Knowledge, Attitude, Availability, Accessibility and Utilization of ICT among Nurse Educator

20. Okoli J.N and Okeke, E.C. (2008). Nutritional knowledge, health characteristics and care

experiences of people living with people living with HIV in Nsukka L.G.A, Enugu State J. of

Dietitians Association of Nigeria 4(57-63).

21. Okoli, J.N and Enukorah, F.C. (2008) Stress as correlate of burnout among nurses in Enugu

Urban, Enugu State, Nigeria. Nigeria Journal of Nursing 1(45-48).

22. Okoli, J.N.(2007) Basic Research Methods for Nursing and Health Professionals – Published

by Ndubest Productions, Enugu.

23. Foreword Writer to Inside the Igbo Kitchen by Pharm Ugonna Okoli Ayolugbe

24. Foreword Writer to Maintaining Healthy life style and medical awareness”by Amaka Okoye.

25. Okoli, J.N. (2022). Basic Nutrition and Diet Therapy 2nd ed. Nsukka: Moredays

University of Nigeria Press.

**CAPACITY ENHANCING TRAINING CONDUCTED**

1. State Facilitator on Maternal Nutrition for Anambra State 2023 MODULE
2. Nutrition Society of Nigeria /Engaging Nutrition Academia in Nigeria, 2021 NSN Leaders Conference on Nutrition organized at Lagos.
3. Inauguration of Nutrition Society of Nigeria, Anambra Chapter.
4. Maternal Nutrition Training of Training of Trainers for Nurses and Midwife Tutors in Abuja,
5. State Facilitator on Maternal Nutrition for Anambra and Ebonyi States
6. Early initiation of exclusive breastfeeding by mothers to scale up the practice of exclusive breastfeeding.
7. Training on community awareness around the prevalence, prevention, mitigation and seriousness of undernutrition, particularly stunting and anaemia and recognition that their causes go beyond food alone
8. Stakeholders’ round table discussion on the job competencies for public health nutritionists along with those needed for supportive supervisors
9. Multi- sectoral coordination and collaboration among involved sectors through a mandate from highest authority
10. Academic and other institutional support for public health nutrition
11. Accreditation in public nutrition: certification of public health nutritionist through formal licensure process
12. Easy cross-border of nutrition professionals
13. TOT of Nursing Research
14. TOT on iodine deficiency programmes for Secondary School teachers and mothers
15. TOT of Nutrition for Nurses
16. TOT on MYICN 2024